

# ANNUAL REPORT 2018



New LDFB Warehouse  
201, 6051 47 Street



Leduc Regional  
Connections Centre  
4706 49 Ave



Life Skills Centre



LDFB Warehouse



Food Recovery



Kitchen Learning Centre



# Leduc & District Food Bank [www.ldfb.ca](http://www.ldfb.ca)

The LDFB is an organization that relies on community donations and volunteer support in order to provide short term assistance to **seven** municipalities with an approximate population of 85,000 people.

We are here to work alongside with other helping agencies and to help fill a gap when needed.

## Board of Directors

Our Board of Directors is dedicated to the ongoing support, growth, and future of the LDFB. Thank you to the committees that have worked hard alongside the staff as well as participating in programs and volunteering at the food bank.

**Chairperson** Cindy **Vice Chairperson** Nadine

**Treasurer** Tony **Secretary** Terri

**Directors** David, Brian, Myron, Candance, Zdenka

**Honorary Board Member** Charles

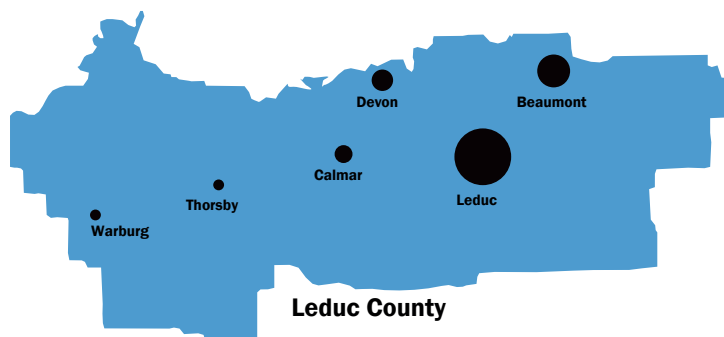
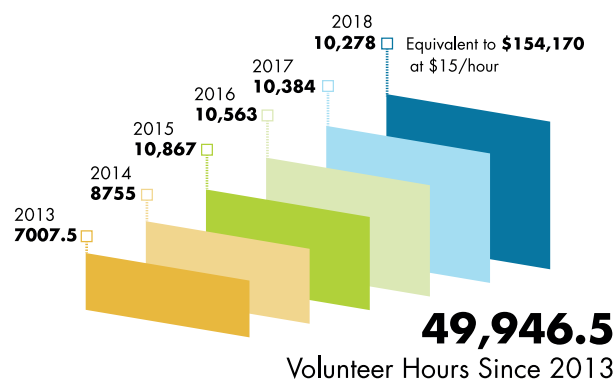
## Volunteers

The LDFB has a very dedicated group of volunteers from our drivers who pick up the donations within our district to those that work in our warehouse sorting and distributing everything that comes in.

Our volunteers are individuals from all aspects of our community, bringing with them knowledge and experience that helps us grow towards our common goal of building food security for those in need. Volunteers are such an essential part of our organization. Countless volunteer hours have been donated to ensure that the LDFB continues to thrive.

We would like to thank our dedicated volunteers who take the time to make a difference at the food bank. They help with food drives, individual collections, renovations recycling programs, and in the warehouse. Each and every one of them has an impact and they are the reason we are able to continue with our services. There are so many that it is difficult to list them all.

Whatever their role, we are so grateful for each and everyone's commitment to the food bank.



## Staff

We are very blessed to have such a diverse, committed, and hard-working staff. These are individuals who want to be here, work exceptionally hard, and care a great deal about what we do and how we are able to help those in the region. Without their dedication and support, along with the volunteers, we would not be able to offer the current services that we do.

**Executive Director**  
Gert

**Warehouses Coordinator**  
Enn (Part-time)

**In-Take**  
Erin (Part-time)

**School Snack Attack/  
Bread Basket**  
Darlene (Part-time)

**Life Skills Center**  
Doug (June-Dec)  
Sharon (May-Dec)

**Kitchen Learning Centre**  
Melissa (Part-time Jan-July)  
Johanna (Part-time March-Nov)  
Lorraine (Apr-Dec)

**Custodial**  
Delia (Part-time Jan-Aug)  
Rick & Caroline (Sept-Dec)

**Accountant**  
Earl (Contract)

**Human Resources**  
Nicole (Contract)

## MISSION STATEMENT

To empower our community to aid those in need of food support through strategic:

- Collaborations
- Educational programs, and
- Re-distribution of food and goods

## VISION STATEMENT

Where all individuals are empowered to achieve their full potential, by having the opportunity to access basic social needs.

## VALUES

### Helping

Taking care of others to meet their needs

### Client Empowerment

Enabling our clients to move things forward.

### Fulfillment

Personal, organizational, and/or community accomplishment

### Teamwork

Effective collaboration, as part of the community, towards a common goal

### Organizational Growth

Being effective and relevant at what we do



LDFB

# 2018 Statistics

Box 5008, #210 6051 47 St, Leduc, Alberta T9E 6L5  
 www.ldfb.ca P. 780-986-5333 F. 780-986-4803 E. director@ldfb.ca

## Leduc & District Food Bank Family Usage - 2018

	BEAUMONT	CALMAR	DEVON	LEDUC	THORSBY	WARBURG	LEDUC COUNTY	NEW SAREPTA	BREAD BASKET PROGRAM**	TOTALS
Total Families	64	32	75	446	33	14	75	11	-	750
Total Hampers Accessed	126	71	124	859	64	20	132	26	974 †	2396
Adults - Unique*	115	53	112	706	52	21	140	14	-	1213
Children - Unique*	118	30	77	472	32	12	66	16	-	823
LBS Distributed Per Area	38,175	17,384	29,310	193,651	13,266	3341	28,026	6045	43,738	372,936
Approx \$ Amount Distributed Per Area	99,255.00	45,198.40	76,206.00	503,492.60	34,491.60	8686.60	72,867.60	15,717.00	113,718.80	969,633.60

Count of adults and children with multiple hamper usage:

Adults

2428

Children

1673

### Christmas Hampers distributed in 2018:

149 (Leduc Santa's Helpers), 92 (Leduc Food Bank), and 198 (County Elves Programs)

**TOTAL: 439**

\* Unique - represents a family or person counted once regardless of how many times they use the service.

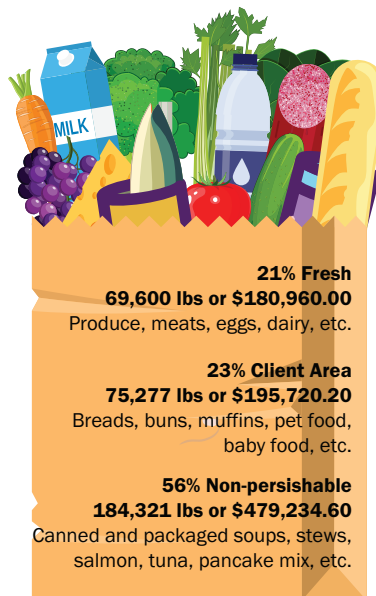
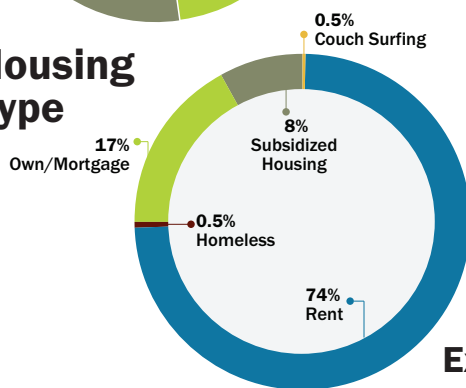
\*\* The Bread Basket - Unique Clients: 182 in 2018. Clients can register to receive a bread hamper in between or instead of a regular hamper that contains extra items when available (fruit, vegetables, dairy, potatoes, etc.)

† Clients with multiple usage.

### Primary Source of Client Income



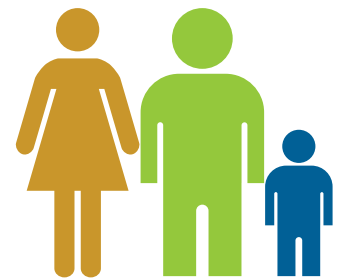
### Housing Type



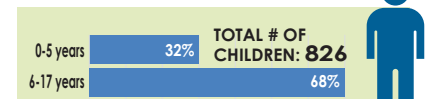
### Hamper Family Usage

750 families received a hamper in 2018

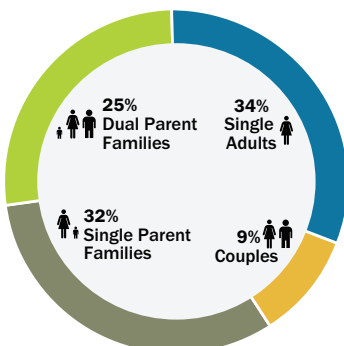
398 Families x 1 hamper  
 174 Families x 2 hampers  
 88 Families x 3 hampers  
 57 Families x 4 hampers  
 10 Families x 5 hampers  
 14 Families x 5+ hampers



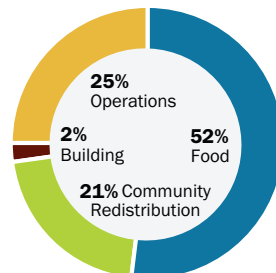
Over 86% of the families receiving hampers only needed support 3 times.



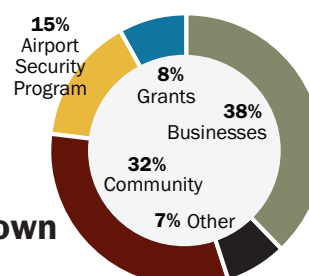
### Household Composition



### Expense Breakdown



### Donation Breakdown



### 2018 Total Pounds

#### Received & Value

686,270 lbs  
 \$1,784,302



#### Distributed & Value

Approximately  
**372,936 lbs in hampers**  
 (including the 47,738 lbs for the Bread Basket Program)  
**\$969,633.60**  
 This is equal to  
**31,000 lbs**  
 or 15.50 tons per month

# 2018 Programs

## United Way Tools for School



The LDFB, in partnership with United Way is the collection / distribution centre for the Tools for School program (TFS).

We work closely with local school divisions and all regional agencies. Families can register with the LDFB starting in May and receive TFS kits through September. School supply donations can be made to the LDFB any time of the year.

**250 Students supported.**

**120 Families helped.**

**\$25,500**



**Sponsors:** Air Canada Foundation, Leduc Optimists Club, Costco (EIA)

## Snack Attack

The LDFB Snack Attack Program is a program designed to address the increasing need for snacks in our schools for children and youth who come to school hungry. The program will ensure the school districts have access to healthy snacks at school to support their students' success in education.

**36688 Snacks**

**\$18,839.08**

**Sponsors:** Beaumont Columbus Alberta Assoc, Cargill Ltd, Meal Share, Karma Concerts Foundation



## Bread Basket

Clients can register to receive a bread basket in between food hampers. Clients are contacted and given a time to pick up their basket. A basket can consist of bread, buns, pastries, as well as a variety of any extra fruit, vegetables and dairy when available.

This program gives clients the flexibility of accessing a bread basket in between pay cheques rather than a full monthly hamper.



## Leduc Regional Community Connections Centre (LRCCC)

### Kitchen Learning Centre (KLC)

**In 2018, 288 participants made 4,258 meals**

**This is equivalent to 11,549 lbs or \$34,647**

Located at the Gaetz Centre, this program is designed to work directly with LDFB clients, youth and low-income individuals who learn ways to:

- Prepare quick, easy, healthy, affordable meals using food hamper items
- Expand awareness of a broad range of foods and ways to prepare them
- Learn strategies to stretch their food dollar, food safety and nutritional food knowledge

Participants reported that they increased their knowledge regarding cooking nutritional food, food safety, budgeting, food rescue, as well as strengthening their confidence and self-esteem, expanding their social network, help build natural supports into their lives, and increased Mental Health stability.

**Participating Agencies:** LDFB clients; Alberta Mental Health; Skills (brain injury); Leduc County FCSS programs: [Bridges FASD Mentors Program (adults with Fetal Alcohol), Early Childhood, Family Connections]; Leduc Regional Housing Foundation; Leduc Boys and Girls Club; Black Gold School Division; Alberta Public Health Services, Child Services, etc.

**Sponsors:** Warren Gaetz Family, John Deere Foundation, United Way Community Investment, Beaumont Lions Club, Oilers Foundation, SEARIC (Society for the Education and Assistance of Rural Indian Children), Frank J. Flaman Foundation, L & T Mix, Sand & Gravel, Mixcor Aggregates Inc, Melcor Development, Second Glance, Centre Hope Foundation, Henny Ohlmann, Government of Alberta.

### Life Skills Learning Centre

**348 participants**

Following the concept that the KLC was able to identify, mainly life skills are a huge factor in being able to help individuals move forward. In May 2018, a part-time position was developed to create a collaborative or coordinated service delivery to identify and close the gaps between agencies, their clients and low-income individuals. A multi-agency approach is the goal of the centre and has been proactive in fostering partnerships.

Participants reported that they increased their knowledge regarding employment and employabilities, strengthened their confidence and self-esteem, expanded their social network, built natural supports into their lives, and increased Mental Health stability.

Some of the programs developed included:

- **Skills Within the Employment Field** (resume, mock job interviews, etiquette, etc.). This was a partnership started with Old Navy/Gap management team from the EIA Premium Outlet Mall.
- **Yoga**, developed for clients struggling extreme anxiety.
- **Finances and Money Management**
- **Flu Shot Clinics**
- **Friday Afternoon Men's Connect Group**
- **Youth Autism Friday Night Social**
- **Santa Store**

# Affiliated Programs

## Mealshare

Mealshare partners with top tier restaurants and puts their logo beside a few menu items. When a customer orders one of these Mealshare branded menu items, they get their meal, just like normal, and they are also providing one meal to a youth in need. There's no extra cost or action for the customer - just buy one, give one! A portion of the proceeds collected are directed to the Leduc & District Food Bank.



## WECAN Food Basket Society

Anyone can access and use this food co-op. Operated by the St. David's United Church, the food bank is a drop-off and pick-up point for monthly orders. We encourage client participation by offering a one-time free access to this program for first-time clients.

**In 2018, 273 WECAN orders were placed.**



## Food Donation Connection

Food Donation Connection manages food donation programs for food service companies interested in donating food to non-profits. They coordinate all aspects of their donor partner's food donation programs. **In 2018, LDFB received 1,344 lbs of food from KFC.**



## Leduc Santa's Helpers

LDFB has established a working partnership with Leduc Santa's Helpers. All agencies work closely together to eliminate duplication. Leduc Santa's Helpers covers some administrative costs of the food bank throughout the year. We also work in partnership with all the Regional Christmas Elves programs.



# Ways to Support Us

**A very big thank you to all the VOLUNTEERS who helped make the following food/fundraisers for the LDFB successful:**

## Donating On-line



Canadahelps.org helps Canadian charities by enabling them to easily receive online donations. The LDFB is registered with this organization and donations can be made by accessing [www.canadahelps.org](http://www.canadahelps.org). Type in "Leduc & District Food Bank Association" and print out your receipt on-line.



## Bottle Recycling Program

Feel free to donate your empty bottles and milk cartons to the LDFB. Collection bins are located in two Leduc locations: Canadian Tire and City Centre parking lots. These bins are for bottle recycling only.



## Holiday Train

The Holiday Train Program began in 1999. Every two years, the Holiday Train visits this community with hundreds of thousands of festive lights and a live show featuring well known performers. It is the only fundraiser of its kind for food banks in Canada.



Take part in the Coldwell Banker July 1st Food Drive. This is a very timely food drive as this campaign helps to re-stock our shelves. Contact Coldwell Banker to take part and make this a yearly family event.

## EIA Charity Golf Classic



Every September, Edmonton International Airport hosts the annual EIA Charity Golf Classic, benefiting local charities including the LDFB.

## Coldest Night of the Year

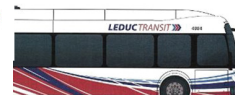
A family - friendly national walk-a-thon that helps raise funds for charities that serve hungry, homeless and hurting people in your town.



## CanBuildit Challenge

An event where business, industry and Municipal partners come together to create structures of canned goods and other items, which are donated to the LDFB. [www.canbuildit.com](http://www.canbuildit.com)

**Stuff a Bus!**  
@ Leduc Coop Grocery



All donations go to the Leduc & District Food Bank.

## United Way of the Alberta Capital Region

The Leduc & District Food Bank is a partner member. Designated donations through work or personal donations can be made directly through United Way to the LDFB.



**United Way**  
Alberta Capital Region

United Way grants go towards our Food Hamper program, Kitchen Learning Centre and Life Skill Centre.

## Country Christmas Lights Event

2018 was the last year for the Doug Ruel's family to host this event. Thank you Doug, family and the many volunteers and supporters of the Christmas lights and there are many of you for all the dedicated time and sponsorship that you have shown over the many years of operation. You have made a huge difference in the community in so many ways.

Look for Kinsmen Club of Leduc and Leduc Antique West Society's 2019 event.



## Karma Concerts



Karma Concerts hosts their annual Spring Concert benefiting charities, including the Leduc & District Food Bank School Snack Attack Program.



# The Food Bank Community is Invaluable

If it were not for the community spirit of this region, the LDFB would not exist. We wish we could zero in on every function, organization, service club, school, church and the many personal and business supporters that provide us with goods and the funding to meet our goal of helping others. You are the backbone of the LDFB.

*Our apologies if we have missed thanking anyone*



## SPECIAL RECOGNITION

Special recognition and thanks is given to those who donated \$1000 or more to the LDFB in 2018

### CORPORATE

Camex  
Canadian Tire - Leduc  
Cargill Ltd.  
Chemco Electrical Contract  
City of Beaumont  
City of Leduc  
CP Holiday Train  
CRS Interiors  
Edmonton Regional Airport Authority  
Enterprise Holdings Group  
Essential Energy Services  
Frank J Flaman Foundation  
Gaetz Agency  
Horizon Drilling Inc  
Hudson Group  
John Deere Foundation  
Johnson Agencies 1913 Ltd.  
Kosmos Restaurant  
Leduc County  
L&T Mix Sand & Gravel

Leduc Chrysler  
Leduc Heating & Refrigeration  
Leduc Husky Gas Station  
Medicine Shoppe  
Melcor Developments  
Mixcor Agragate  
Northern Oil Tool Inc.  
Nov Canada  
OTH Ind Supply Ltd.  
Platinum Investments  
Schwab's RV World  
Second Gance  
Town of Calmar  
Town of Devon  
Village of Warburg  
Vivid Signs & Designs

### COMMUNITY COLLECTIONS

Air Canada Foundation  
Alberta Mustang Owners Assoc.  
Beaumont Columbus AB Assoc.

Beaumont Lions Club  
Black Gold Optimist Club  
Black Gold Regional Schools  
Blackjacks Christmas Dinner  
Boston Pizza Foundation - Leduc  
Centre Hope Foundation  
City Life Christian Centre  
Devon Christmas Elves  
Devon Lions Club  
Ebenezer Christian Reformed Church  
Edmonton Community Foundation  
Edo Japan  
EIA Golf Tournament sponsorship  
EIA Staff - Great Food Bank Challenge  
Food Banks Alberta  
Food Banks Canada  
Government of Alberta grant

Karma Concerts  
Leduc Competitive Mixed Slow Pitch  
Leduc Lions Club  
Leduc Nisku Rotary Club  
Leduc Pottery Club  
Loblaws - Save it Forward  
Loblaws Spring & Fall Campaign  
New Life Christian Church  
Pampered Chef  
Peace Lutheran Church  
SEARIC  
Sobeys Beaumont  
St. Thomas Aquinas RCSR  
UW of the AB Capital Region  
UW of the AB Capital Region - Community Investment  
Woman of the United Church of Canada - Devon

### INDIVIDUALS

Abma, Lorrie & Family  
Berg, Adam & Bridget Maude  
Brown, Peter  
Cronin, Brett  
Hilborn, John  
Huillery, Malissa & Quentin  
John Maude & Susan Quinn  
Charitable Foundation  
Johnson, Kyle  
Klapstein, Albert  
Kruger, Barbara  
Leffers, Dwayne  
Marriott, David  
McLay, Jean  
Mundt, Wayne  
Ohlmann, Henry  
Pastorino, Natalia  
Robinson, Tonhy & Val  
Siderius, Sieger  
Storeshaw, Janice

## OUTSTANDING IN-KIND DONATIONS

### CORPORATE

Agropur Dairy Cooperative  
Air Canada Lounge  
AltaGas Utilities  
Anne Kurlovich Consulting Services  
Beaumont News & Staff  
Best Western Denham Inn  
Blackjacks Roadhouse & Staff  
Casterland  
City of Leduc & staff  
Clarence Shields & Family  
Cobs - Leduc  
Convergence Technologies  
Costco - EIA  
Cottage Computers  
Crispy Bakery

Crystal Glass  
Dear Duckett Law Firm  
Devon Dispatch & Staff  
Edmonton Airports (Airport Security Program)  
Energy Mechanical  
Franks Sandblasting  
Gian Tiger  
Greens, Eggs & Ham (Grueneberg Family)  
H & W Produce  
IGA Garden Market - Devon  
Jayco Welding  
John Deere Reman & Staff  
Judy G Foods Inc.  
JV Drivers  
Ken's Furniture

Lafarge Canada  
Ledcor  
Leduc Car & Truck Wash  
Leduc Co-op Food Store  
Leduc Electric  
Leduc Heating & Refrigeration Ltd.  
Leduc Overhead Doors  
Leduc Rapid Bingo  
Leduc Sheet Metal & Gas Fitting  
Little Potato Company  
Local Meats  
Lufkin Industries  
Medicine Shoppe  
Pharmacy  
Michael's Leduc  
MNP

Myarc Electric  
No Frills - Beaumont  
No Frills - Leduc  
North American  
Storage Equipment  
PCL Fabrication & Module Facility  
PCL Industrial Construction  
Reimchen, Doug & Kathy  
Rona - Leduc  
Safeway - Leduc  
Schneiders Building  
Supplies  
Shippers Supply  
Shopper's Drug Mart - Leduc  
Skyline Security

Sobey's Beaumont  
Stantec & Staff  
Staples - Leduc  
The Rep & Staff  
Thermo Design Insulation Ltd.  
Vipon  
Vivid Signs & Designs  
VWR International  
Walmart - Leduc  
Wilhawk's Beef Jerky  
Yards Inc. Snow Removal

### COMMUNITY

Castral Raceway  
Coldwell Banker Canada  
Day Food Drive  
County Christmas Lights - Doug Ruel

Devon Lions Club  
Devon Quilting Club  
Leduc Chamber of Commerce  
Leduc Enforcement Services - Candy Cane  
Check Stop  
Leduc Lions Club  
Rainbow Acres  
TD Bank & staff

### INDIVIDUALS

Forester, Jeff  
Mix, Lorne & Tina  
Moussa, Ed & Faiza  
Pitts, Ed  
Pomerleau, George  
Sawchuk, Steve

We would like to recognize the following for their in-kind donations in 2018

## A HUGE THANK YOU TO:

**Black Gold Husky Gas and Liquor Store** for the generous donation of hams and turkeys again this year. ● **Myarc Electric** and **Leduc Overhead Door** our new neighbors, who have been so supportive of our move and sharing of their forklifts. ● **Tim Gersheid** and **Del Caplette** for sharing their equipment to get our warehouse up and running. ● **Doug Reimchen** for all his time and hard work tracking down just the right Refrigeration Vehicle to best fit our needs.

## Vehicle Sponsors



Canadian Tire



Leduc Chrysler

- Walmart ● Food Banks Canada
- Edmonton Community Foundation
- Economical Groceries & Goods Society



- Food Banks Alberta
- Leduc Co-op
- Wilhawk Beef Jerky
- Coldwell Banker Haida Realty
- Vivid Signs & Designs
- Myarc Electric

**Overall it's been a year of growth and expansion and the LDFB appreciates the fact that none of what we do could possibly be done without all the volunteers and community supporters. Thank you to all of the volunteers, donors and supporters who helped with the move into our new facility.**